

Norovirus

Help to prevent the spread of Norovirus.



Wash your hands with soap and water when entering or leaving the building.



Don't visit the practice if you are experiencing symptoms such as diarrhoea or vomiting.



Stay off school or work until the symptoms have stopped for 2 days. Also avoid visiting anyone in hospital during this time.

You can usually treat yourself or your child at home. Visit www.nhs.net/norovirus for more information.