

**FOR CREDIBLE HEALTH RELATED WEBSITES  
PLEASE SEARCH THE FOLLOWING:**

**[WWW.NHS.UK](http://www.nhs.uk)**

**Official NHS Site**

**Provides information from the National Health Service on conditions, treatments, local services and healthy living.**

**[WWW.PATIENT.CO.UK](http://www.patient.co.uk)**

**Provides information on health, lifestyle, disease and other medical related topics.**